



the around town paper

Advertising, Design & Marketing in Manitoba by Blue Raven

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Vol. 31 No.36

"Limit your 'always' and your 'nevers'."

December 14, 2022



Fizzy Rosemary Cider Mocktail

Many types of mocktails are high in sugar, but this easy mocktail cuts down on the calories and carbs by using club soda and a sugar-free simple syrup.

Ingredients

- Sugar-Free Rosemary Simple Syrup
- ½ cup water
- ½ cup granulated sugar substitute
- 1 sprig rosemary
- Mocktail
- 4 ounces apple cider
- 4 ounces club soda or seltzer
- 1 Tbsp sugar-free simple syrup
- 1 sprig fresh rosemary (Optional)

Directions

Step 1

To prepare simple syrup: Combine water, sugar substitute, and rosemary in a small saucepan. Cook, stirring, over medium heat until the sugar substitute is completely dissolved, about 1 minute. Remove from heat and let cool for 30 minutes. Remove and discard the rosemary sprig.

Step 2

To prepare mocktail: Combine cider, club soda (or seltzer) and simple syrup in a highball glass. (Reserve remaining simple syrup for another use.) Garnish with rosemary sprig, if desired.

FRIDAY BINGO - Dec 16
MOOSEHORN HALL - 7 PM

Jackpot
\$2000 in 53 #'s
Mini Toonie Pot: \$2000+

Businesses - Organizations - Fundraisers - Individuals

MANITOBANS
KEEP 100% PROFITS PRINTING & SELLING THE AROUND TOWN PAPER

Contact us for more info!

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NAME THAT TUNE

Take a look at the five and ten, it's glistening once again With candy canes and silver lanes that glow.



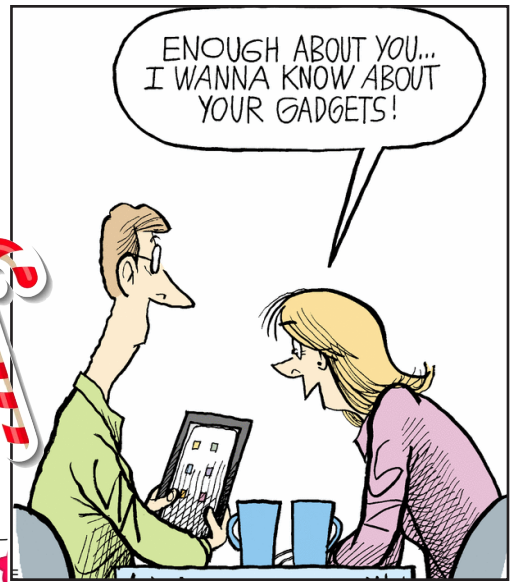
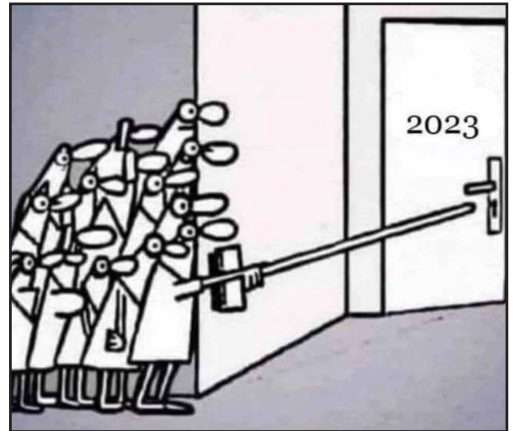
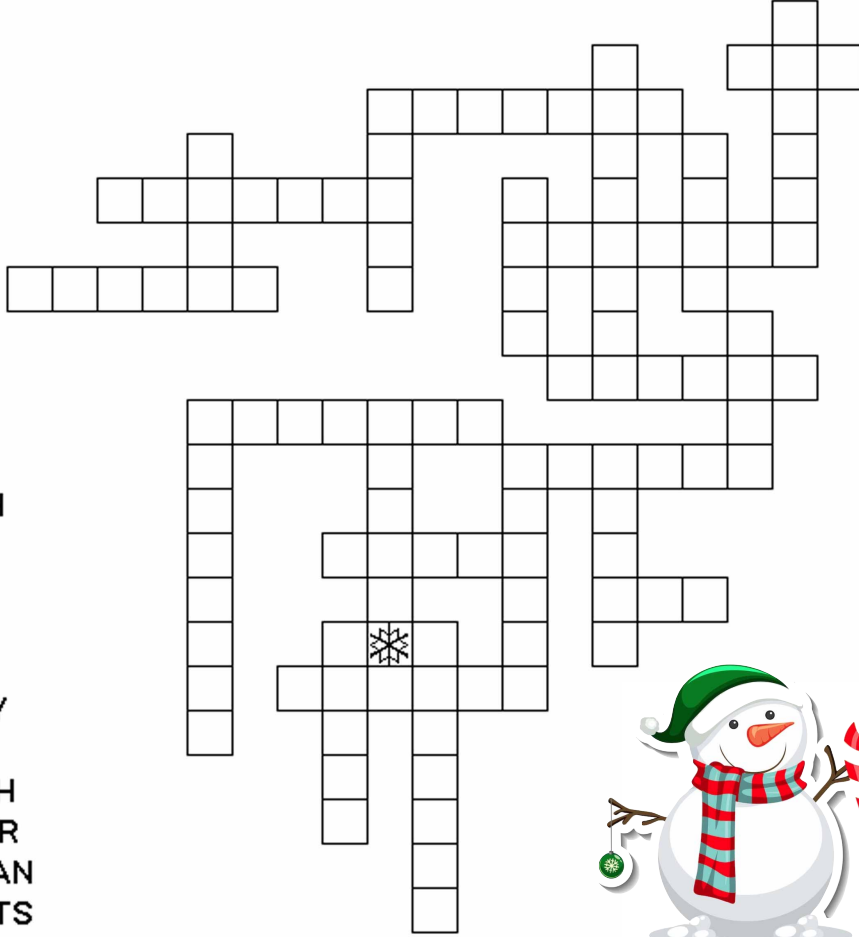
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DEADLINE for advertising: Fridays by 12:00 noon

Christmas Crossword

Make all the words fit into this crossword.
Each word is used only once.

- ELF
- TOY
- GIFT
- BELL
- TREE
- STAR
- SANTA
- COMET
- CUPID
- VIXEN
- CANDY
- FROSTY
- WREATH
- DASHER
- DONNER
- SLEIGH
- DANCER
- CHIMNEY
- BLITZEN
- RUDOLPH
- PRANCER
- SNOWMAN
- PRESENTS
- REINDEER



THESE 4 PAGES WILL SOLVE YOUR WARTIME CHRISTMAS GIFT PROBLEMS

Here is your complete Gift Guide... more than 100 perfect presents for everyone on your list! This wartime Christmas, with so many shortages and "substitutes"—it's smarter than ever to give

VICTOR RECORDS

THE GIFT THAT KEEPS ON GIVING

There is no one you know who hasn't some musical favorite he's always wanted to own... no one whom you can't please and flatter with a Victor Record perfectly suited to his taste!

For the whole glorious range of musical creation is yours to choose from—inspired by the world's greatest artists, flawlessly recorded on Victor Records. Here is music for every mood... music to lift the spirits and help keep America going!

Read the next three pages carefully—and save this Victor Gift Guide. It is your convenient, economical, perfect solution to your wartime Christmas gift problem!

JOHN WARMS-MANITOBA AUTHOR

'STRANGE CREATURES SELDOM SEEN'

'OVER THE PRISON WALL - THE STORY OF PERCY MOGGEY'

'Over the Prison Wall: The Story of Percy Moggey just celebrated 20 years in print!

'Strange Creatures Seldom Seen' tells the accounts of those who have seen things; Giant Beavers, Sasquatch, Manipogos, and Other Mystery Animals in Manitoba and Beyond.

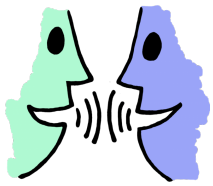
Strange Creatures Seldom Seen includes eyewitness sketches as well as full colour illustrations by artist Jarmo Sinisalo.

TO ORDER ONLINE:
www.blueravendesign.ca/john-warms-author

IN PERSON:

- R.M. of Grahamdale Office
- R.M. of West Interlake Offices

• Riviera Campground in Fairford
• Red Sun Gas Station (Hwy #6)
• Call: (204) 659-5248



Supporting Your Spouse

It is natural in a marriage for shifts to take place, and these can be navigated smoothly with open communication.

Throughout the course of a successful marriage or long-term commitment, the two people in the relationship may shift in and out of various roles. For example, one person in the couple may support the other person going back to school. In order to do this, he or she steps into a supporting role, setting aside certain goals or aspirations in order to provide a stable base from which his or her partner can launch in a new direction. There are many gifts of learning inherent in this role -- from having the opportunity to embody a nurturing stance to feeling the pleasure of seeing a loved one thrive. When our partner expands his or her horizons, ours expand, too, and we gain access to a world that would otherwise remain closed to us.

However, there is also much to be said for having a turn to be the one stepping outside the box, perhaps taking time to attend to our personal healing, spiritual pursuits, or other interests. In order to maintain balance within our relationships, it's important that we address these issues each time one person steps into a supporting role so the other can try something new. When we are conscious about acknowledging that one person is bearing a bit more of a burden so that the other can grow, we stand a better chance of making sure the ebb and flow in the relationship remains fair and equal.

The most important part of this process is open communication in which each person has a chance to express how they feel and come to an understanding about the roles they have agreed to play and when they expect them to shift. Each time a dynamic shift occurs, a ceremony of acknowledgment can lend an air of distinction to the moment. This can be a simple dinner date or an elaborate ritual, depending upon what works best for us at the time. Perhaps the most important thing is expressing gratitude to the person in the supporting role and encouragement to the person moving in a new direction. When the flow of feeling and communication is open, a healthy closeness develops that allows each person in the relationship to have a turn at each of these important roles.



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& NORTHERN
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DASHER



DANCER

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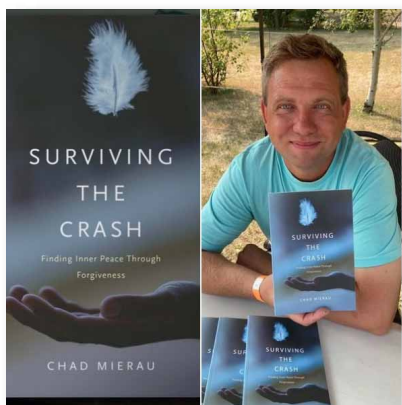
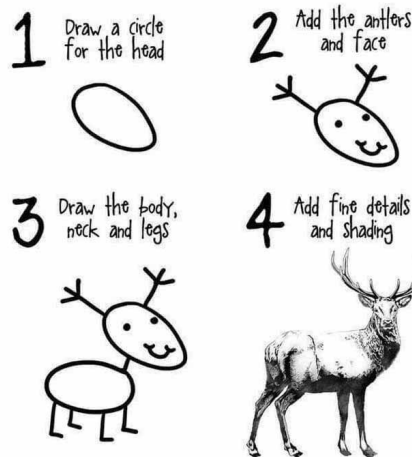
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Christmas Word Search Puzzle

D M J S C P S Y O T R A T S O
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 P Y N C O D D O S M C A X Q E
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 J N W S E S T D S L I G H T S
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ANGELS PRESENTS
 BLITZEN RUDOLPH
 CAROLERS SNOW
 COMET STAR
 CUPID STOCKINGS
 DANCER TINSEL
 DASHER TOYS
 DONNER TREE
 FROSTY VIXEN
 HOLLY WREATH
 LIGHTS
 MANGER
 MISTLETOE
 ORNAMENTS
 PRANCER

Draw a Reindeer



Have you heard of the book, 'Surviving The Crash?' It's a book about life after losing your favorite people to tragedy, followed by forgiveness, peace and growth.

Chad Mierau is a Saskatchewan author who lost four family members to a drunk driver nearly 7 years ago just outside of Saskatoon.

Chad says, 'THIS BOOK IS FOR CHANDA, JORDAN, KAMRYN AND MIGUIRE VAN DE VORST. My hopes are to raise awareness around drinking and driving to prevent other families from going through what my family has gone through.'

Join me as I share my experiences around grief, tragedy and complete devastation as well as forgiveness, peace and growth.

I have collaborated as best as I could with the woman who is incarcerated for committing the senseless act that took four of my favorite people from my life. Catherine McKay is currently serving time in a healing lodge in southern Saskatchewan where she is also doing her part to raise awareness about drinking and driving.

It is my belief that my family's story along with Catherine and her children's stories will make for an incredible book through a very real and raw account of how the car accident has affected all of us.

My journey through the extreme ups and downs of grief and sorrow have led me into a world I didn't expect. One in which I have become more and more open to sharing my thoughts and feelings of forgiveness and growth. The more I talk about it the more I realize that I need to be even more public about the entire experience. I believe our stories will have a very positive impact on other people that are going through similar experiences.

I am beyond grateful for all those that have supported me thus far and I look forward to sharing more as I go! Please tell everyone you know about my website and Facebook page so we can help as many people as possible.

Check out the purchase now option to support my efforts. I am beyond grateful and blessed for each and everyone's support! Delivery or pick up available in Saskatoon or Watrous. He can mail copies anywhere in Canada. Ask for details about shipments outside of Canada.

BUY THE BOOK HERE: <https://survivingthecrash.co/order-now/>
AMAZON: <https://a.co/d/9fHiVa4>

GET YOUR ADVERTISING SEEN HERE

Single & Half ad space - 2.6" X 3"

\$52.38 + GST = \$55.00

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"Some will see your flame and want to blow it out...others will approach with a candle..."

Lenita Vangelis

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